



**Butterfly**  
Foundation for Eating Disorders

# COUNSELLOR

Butterfly National Helpline

## SEEKING EXPERIENCED & INSPIRED HEALTH PROFESSIONAL

Join Australia's largest organisation supporting people with eating disorders.

Be surrounded by passionate and supportive colleagues.

Flexible role minimum 2 shifts per week.

Dynamic and innovative role in rewarding NFP.

Competitive salary with impressive employee benefits (up to \$15,900 tax free).

Located in the cafe & restaurant district of Crows Nest, Sydney

## ABOUT US

The Butterfly Foundation represents all people affected by eating disorders and negative body image. As a leading national voice in supporting their needs, Butterfly highlights the realities of seeking treatment for recovery, and advocates for improved services from both government and independent sources.

## ABOUT THE ROLE

In this unique role, you will use your sound counselling skills and experience to provide information, referrals and brief counselling and interventions via phone, email and webchat to anyone impacted by an eating disorder via our National Helpline 1800 ED HOPE.

Our warm and supportive Butterfly National Helpline team operates from 8am to midnight 7 days a week which provides flexibility in working arrangements. We are currently seeking someone who is available to undertake a minimum of 2 shifts a week to step into this great opportunity.

*Current Shifts Available: 4:30pm-12:30am – Mondays, Tuesdays, Fridays & Saturdays.*

## ABOUT YOU

The ideal candidate will have:

Minimum bachelor's degree in psychology, counselling or social work.

Full, provisional or student registration with AHPRA, PACFA, ACA, AASW or relevant peak professional body.

Previous one to one counselling experience.

Direct experience of working with and supporting people experiencing mental illnesses.

An understanding of the nature of supportive counselling and of the difference between short-term supportive counselling and longer term therapeutic counselling.

A commitment to recovery focused practice.

## TO APPLY

All applications should be submitted by e-mail to

[hr@thebutterflyfoundation.org.au](mailto:hr@thebutterflyfoundation.org.au) with the subject line: Counsellor including a resume and cover letter.

*Butterfly acknowledges the Aboriginal and Torres Strait Islander people as Australia's First People and Traditional Custodians.*

*Butterfly is committed to embracing diversity and welcomes all people irrespective of body type, ethnicity, lifestyle choice, faith, sexual orientation and gender identity*