3rd Australian Eating Disorders Conference for Families and Carers

12-13 May 2017
Novotel Sydney Olympic Park
Plus pre-conference workshops - 11 May

To Register go to www.athomewitheatingdisorders.com/registration
Conference registration from $225* (two full days)
*early bird rate applies until 31st March

- presentations from world leading eating disorders experts
- the latest evidence on treating eating disorders
- practical forums – skills and strategies to help carers support their relative, friend or loved one with an eating disorder
- networking and opportunities to share experiences – what helps?

For more information:
www.athomewitheatingdisorders.com
admin@athomewitheatingdisorders.com
Keynote Speakers

Prof. Janet Treasure OBE (UK)

Professor Janet Treasure has specialised in the treatment of eating disorders at the South London and Maudsley Hospital and Kings College London for the majority of her more-than 30 year career. In 2013 she was awarded an OBE for her work in eating disorders. Her research has led to greater understanding of, and better treatments for, anorexia and bulimia with much of this research focussing on the development of new treatments, carried out collaboratively with, and often inspired by patients and their families.

As well as editing professional texts, Professor Treasure is the author of a number of guided self-help books for those with eating disorders. She has also written a book for carers to share her expertise and understanding (Skilled-Based Learning for Caring for a Loved One with Eating Disorder: The New Maudsley Method). This work is recognized internationally with many treatment centres around the world implementing this approach. Her latest research into the neurobiological understanding of eating disorders will be of prime interest at this conference, as will her work on carers supporting other carers.

Dr. Roxanne Rockwell (USA)

Dr. Roxanne Rockwell is an assistant clinical professor in the Department of Psychiatry and the director of a world class adolescent eating disorder treatment service at the University of California (San Diego). This service is second to none in the manner in which it engages families in a collaborative relationship with the clinicians, providing education, and promoting the principles of recovery.

Dr Rockwell has experience in the research, evaluation and treatment of eating disorders since 1999. She was one of the founding members of the UC San Diego Eating Disorders Program in 2005, and has played a primary role in devising and building the innovative individual and multi-family Intensive Family Therapy programs and the adolescent day treatment and intensive outpatient programs. Her clinical and research work focuses primarily on eating disorders (anorexia, bulimia and binge eating disorder) and weight management issues.

Prof. Stephen Touyz (Australia)

Dr Stephen Touyz is a professor of clinical psychology at the University of Sydney where he is the Chair of the Executive Committee of the Centre for Eating and Dieting Disorders at the Boden Institute of Obesity, Nutrition, Exercise and Eating Disorders. He has a longstanding interest and many years of experience in the assessment and treatment of adults with the full spectrum of eating disorders. He consults to the clinical units of the Westmead Hospital and has a special interest in chronic eating disorders, particularly anorexia.

Dr Touyz has written seven books and is the founding co-editor of the Journal of Eating Disorders as well as a member of the Editorial Advisory Boards of a number of internationally recognised publications. He is also a member of the Commonwealth Government-funded Steering Committee of the National Collaboration on Eating Disorders.

Dr Touyz has been the recipient of a number of awards including the first Lifetime Achievement Award by the Australian and New Zealand Academy of Eating Disorders (ANZAED) and the Ian Campbell Memorial Prize by the Clinical College of Australian Psychological Society for his outstanding contribution to the profession.

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