

This festive season help turn **HOPELESS** into **HOPE** for anyone experiencing an eating disorder



Attach your baubles of **HOPE** to Butterfly's Christmas tree

DOWNLOAD, PRINT AND HANG UP YOUR CHRISTMAS TREE



Butterfly
Foundation for Eating Disorders



Help Butterfly turn **HOPELESS** into **HOPE**



Cut out Butterfly's baubles of hope and hang them on your Christmas tree to show support for anyone experiencing an eating disorder



Write your Christmas messages of hope on the back of our Christmas baubles and attach them to Butterfly's Christmas tree for everyone to see.



Don't forget to take a photo of your tree and share it through social media, tagging Butterfly Foundation